

## Foot Care

# METATARSAL CUSHION WITH BIO - ORGANIC ESSENTIAL OILS

### DESCRIPTION

## A "NATURAL ASPIRINE" FOR YOUR FEET!

Do you know which part of your foot is mostly stressed, carrying all our body weight, the moment we lift our foot in order to take the next step? The metatarsal! At Christou 1910 we designed an extremely soft cushion, worn comfortably with all your shoes! Shockproof, it reduces friction in the metatarsal and acts protectively on the foot, relieving pain and burning sensation under the metatarsal heads. This, however, can be ensured by most patches in the market... Our own patch takes it one step further! We tried to be innovative and find more drastic solutions against pain and calluses so we turned to clinical aromatherapy. Christou1910 metatarsal patch is saturated into a healing combination of medical grade essential oils (the purest you can find in nature). Therefore, it benefits the foot in multiple ways: Relaxing, healing, with strong anti-inflammatory action, soothes and regenerates the skin, moisturizes, protects against calluses and hard skin, it will definitely relieve the pain and leave a cool feeling of freshness and health on your leg thanks to the therapeutic aroma particles released in just 2' from the moment you wear it. Wash it with cold water.

### **ESSENTIAL OIL PROPERTIES**

#### BALSAM

Certified essential oil of the Greek fauna and specifically originated in Parnonas. An oil with the most potent effect in wounds and inflammation. Analgesic, powerful in healing and regenerating the skin, muscle toner, it can soothe in a unique way, bone and muscle inflammation.

#### GAULTHERIA

Potent analgesic, powerful anti - inflammatory, anti -rheumatic, spasmolytic.

#### EUCALYPTUS CITRUS

Potent spasmolytic, powerful anti-inflammatory, anti-rheumatic, analgesic, skin soothing and antifungal.

#### JUNIPER

Venous and lymphatic decongestant, antifungal, stimulating blood circulation, tonic of the venous system.

#### TRUE LAVENDER

Certified Greek oil from Serres Powerful spasmolytic, sedative, relaxing, powerful healing and regenerating of the skin, excellent analgesic, antibacterial.

#### ILLITIS

Green clay with great therapeutic value due to its absorbent properties. What does this mean? It acts like a "pump" and drastically absorbs impurities and toxins from the skin.

#### KAOLINITE

White clay. It is used very often in cosmetology for facial and body care, because it favors the healing mechanisms of the skin, regulates the PH and acts locally on irritations.

#### TIP

Bio-organic essential oils are living, natural extracts with a given life span. Every time they come in contact with your skin the patch releases its remedial mix, which is absorbed immediately through the foot's skin. Regular use of the patches helps the problematic area heal, and relieves it from pain immediately, while receiving the maximum therapeutic potential of the essential oils, which act not only as a spa but also as a natural painkiller in the area. Forget all about pain the moment you put it on.

## DID YOU KNOW?

It is estimated that an average person takes around 8,000-10,000 steps every day, which actually stands for going around the world 4 times in a lifetime. A slight disorder on your foot movement can at times lead to problems in the upper joints of the body, causing pain and distress in the knees, hips and lower back. So listen to your body and seek the appropriate solution!

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